UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): September 20, 2010 (September 20, 2010)

Arch Coal, Inc.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 1-13105 (Commission File Number) 43-0921172 (I.R.S. Employer Identification No.)

CityPlace One One CityPlace Drive, Suite 300 St. Louis, Missouri 63141 (Address, including zip code, of principal executive offices)

Registrant's telephone number, including area code: (314) 994-2700

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

On September 20th and 21st, 2010, several senior executive officers of Arch Coal, Inc. (the "Company") will be delivering presentations at the Company's 2010 Analyst Day. The slides from the presentations are attached hereto as Exhibit 99.1 and are hereby incorporated by reference.

A copy of the slides will be available at http://investor.archcoal.com/events.cfm for 30 days.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

The following exhibits are attached hereto and furnished herewith.

Exh	bit . Description
99	
	1

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: September 20, 2010 Arch Coal, Inc.

By: /s/ Robert G. Jones

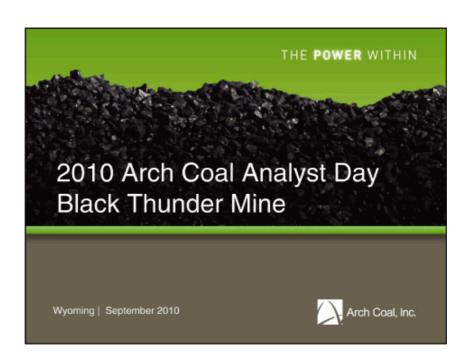
Robert G. Jones

Vice President-Law, General Counsel & Secretary

Exhibit Index

Exhibit No.

99.1 Slides from the presentations at the Arch Coal, Inc. 2010 Analyst Day. Description



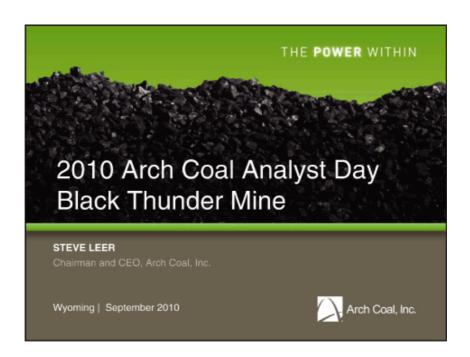
THE POWER WITHIN



Forward-Looking Information

This presentation contains "forward-looking statements" — that is, statements related to future, not past, events. In this context, forward-looking statements often address our expected future business and financial performance, and often contain words such as "expects," smill; "Forward-looking statements by their nature address matters that are, to different degrees, uncertain. For us, particular uncertainties arise from changes in the demand for our coal by the domestic electric generation industry; from legislation and regulations relating to the Clean Air Act and other environmental initiatives; from operational, geological, permit, labor and weather-related factors; from fluctuations in the amount of cash we generate from operations; from future integration of acquired businesses; and from numerous other matters of national, regional and global scale, including those of a political, economic, businesses; competitive or regulatory nature. These uncertainties may cause our actual future results to be materially different than those expressed in our forward-looking statements. We do not undertake to update our forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required by law. For a description of some of the risks and uncertainties that may affect our future results, you should see the risk factors described from time to time in the reports we file with the Securities and Exchange Commission.

This presentation includes certain non-GAAP financial measures, including Adjusted EBITDA and Adjusted Net Income. These non-GAAP financial measures are not measures of financial performance in accordance with generally accepted accounting principles and may exclude items that are significant in understanding and assessing our financial results. Therefore, these measures should not be considered in isolation or as an atternative to net income from operations, cash flows from operations, earnings per fully-diluted share or other measures of profitability, liquidity or performance under generally accepted accounting principles. You should be aware that our presentation of these measures may not be comparable to similarly-titled measures used by other companies. A reconciliation of these financial measures to the most comparable measures presented in accordance with generally accepted accounting principles has been included at the end of this presentation.



THE POWER WITHIN



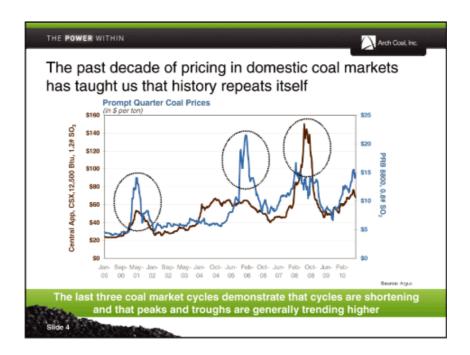
Arch's leadership position in the U.S. coal industry will drive future value creation

- . Second largest coal producer in the United States
 - Represent 16 percent of the U.S. coal supply
 - Provide low-sulfur coal to U.S. power producers to fuel 8 percent of the nation's electricity
 - Ship coal to domestic/international steel manufacturers and international power producers
 - Talented workforce operates large, modern mines
- Arch's value proposition is anchored by ...
 - Leading position in the Powder River Basin
 - Largest producer in Western Bituminous Region
 - Low-cost producer in Central Appalachia
 - Significant exposure to metallurgical markets
 - Undeveloped reserves in the Illinois Basin & Montana

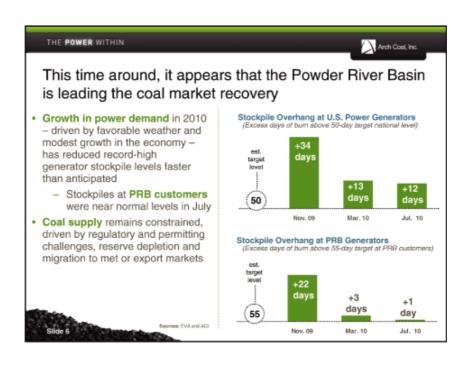


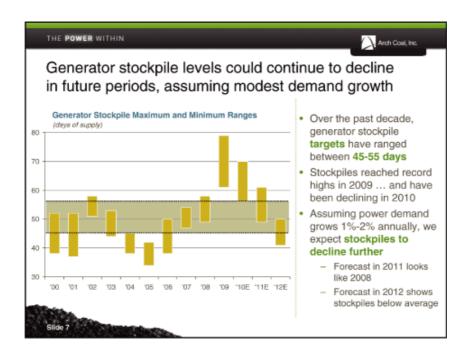




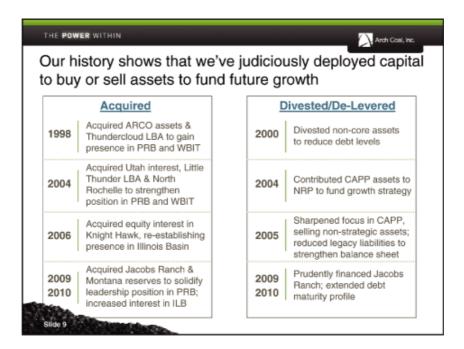


,	erent catalysts fueled each coal market cyc
2000 2001	High reference pricing for natural gas as gas bubble bursts; favorable weather; constraints surfacing in other fuels for power generation; low stockpile levels at generators
2005 2006	Increased power demand from growing economy and favorable weather coupled with low generator stockpile levels jump-started recovery; upswing accelerated with rail disruptions in PRB
2007 2008	Demand growth in metallurgical markets and in international steam markets pulled Appalachian coal offshore; strength underpinned by tight global supply conditions; generator stockpiles at normal levels
This Cycle	Favorable weather; recovery in metallurgical markets pulling coal out of domestic steam markets; accelerating supply rationalization in CAPP; declining generator stockpiles from record highs











We've positioned Arch well to capitalize on this market cycle ... without the need for further expansion capital Powder River Bituminous Region Unpriced volumes Roll off of legacy Arch Coal, hz. Arch Coal, hz.

Unpriced volumes provide leverage to rising market

Cost containment and synergies from Jacobs Ranch have driven down cost structure

Unused capacity could be brought back with limited capital Roll off of legacy contracts provides margin opportunity

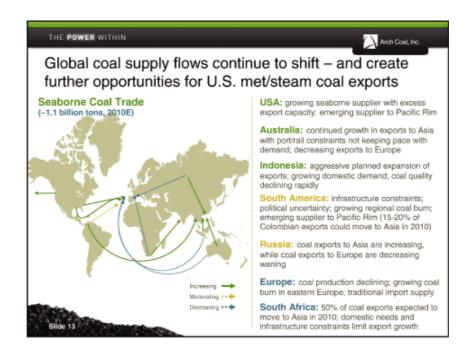
Cost structure increasing, but large longwall mines mitigate pressure

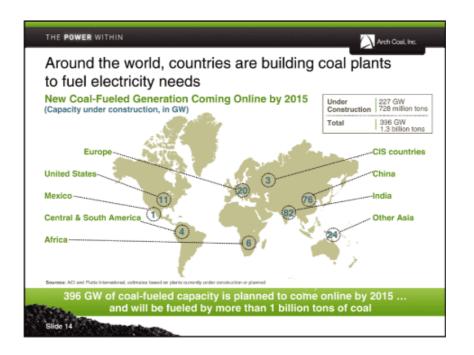
Supply in region is challenged to grow due to difficult geology and reserve depletion Met coal production is significant and under-appreciated

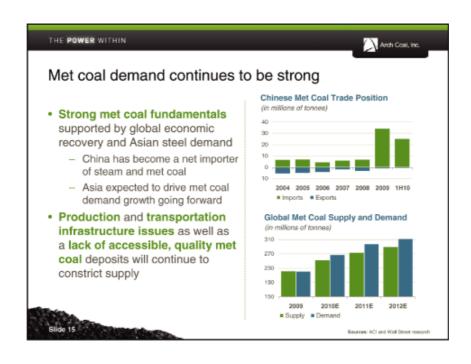
Low-cost position provides flexibility to move in/out of steam market as needed

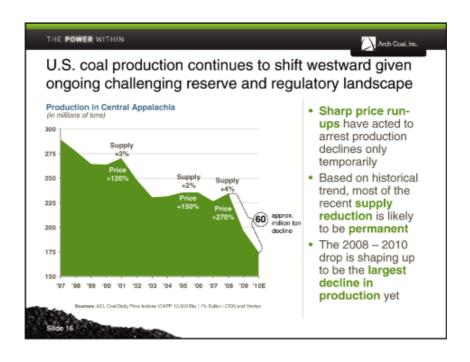
Productive capacity of up to 15 million tons remains intact



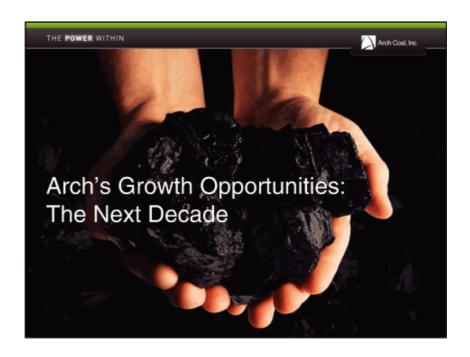


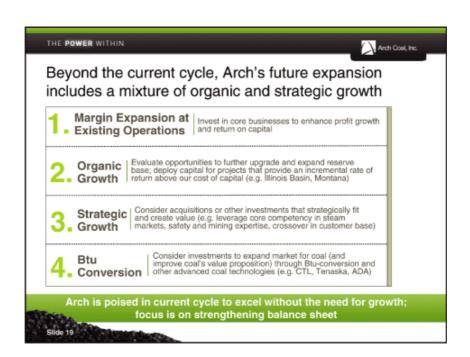


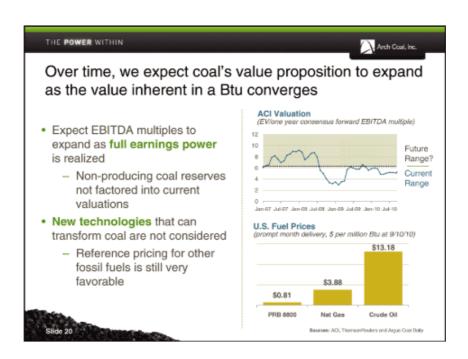


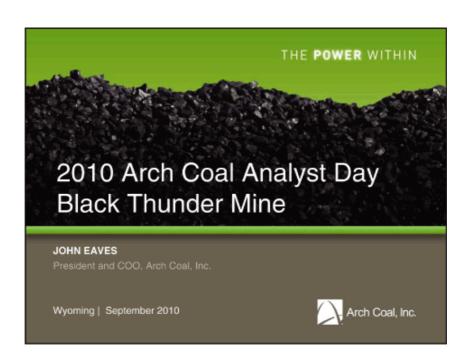




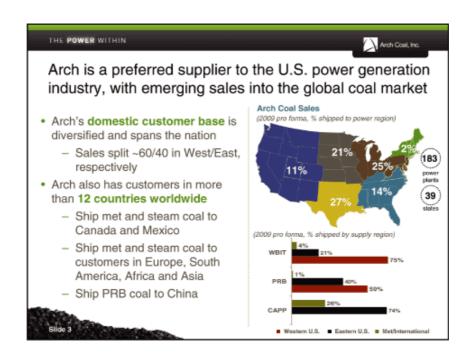


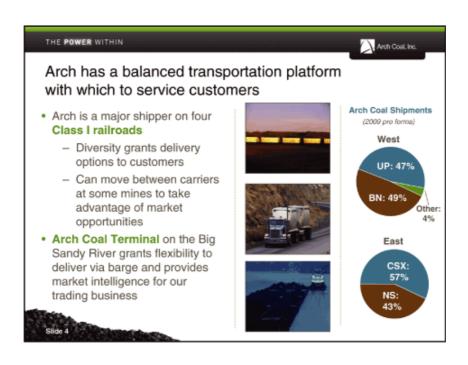


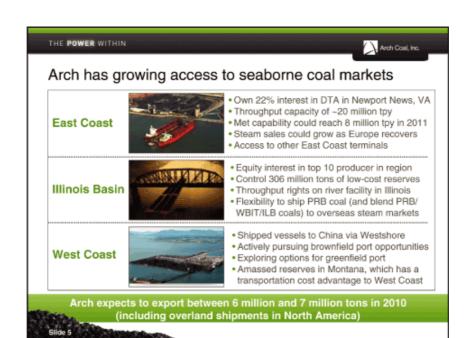












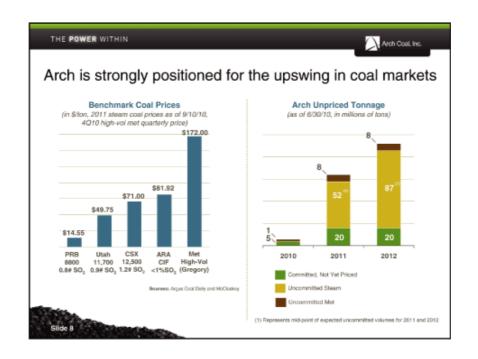


THE POWER WITHIN Arch's marketing philosophy has evolved over time · High debt levels in prior market cycles often forced us to commit tons too early

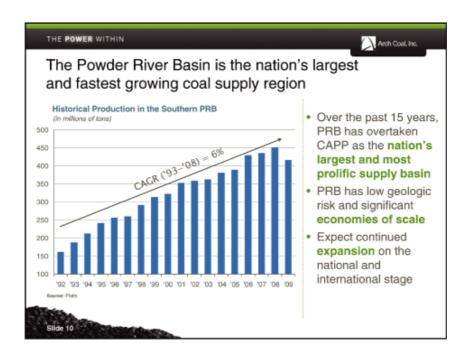
- · Layering approach to sales adopted as balance sheet strengthened
- · Fundamental changes in sales contracts
 - Indexing, sourcing flexibility, tightening of terms, pricing premium for proven reliability
- · Strength of unpriced sales position provides investors with exposure to the commodity
- · Experience evolving on scaling up and down production to respond to market conditions
- · Trading business overlays and complements our physical asset sales

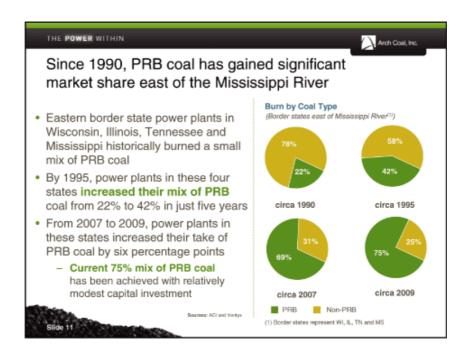


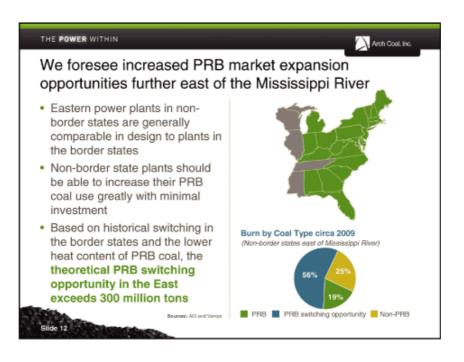


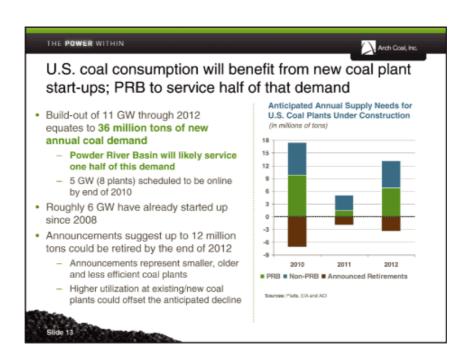


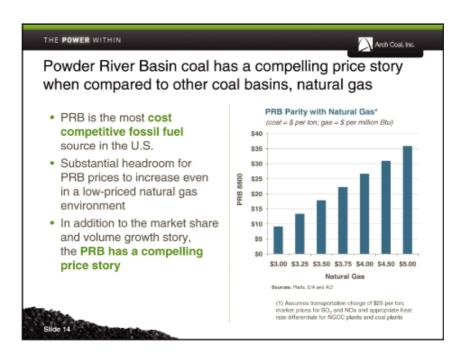


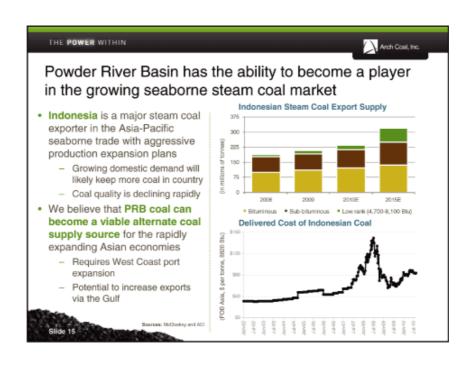


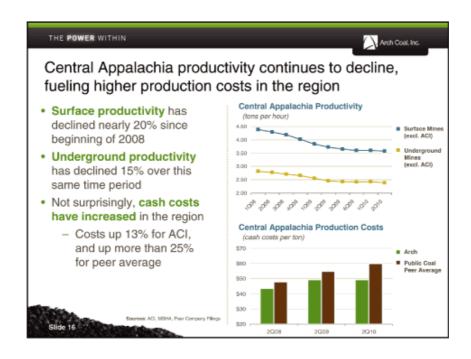


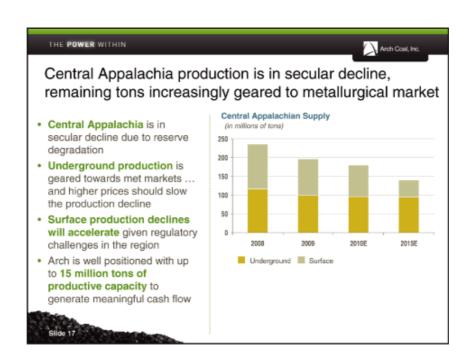


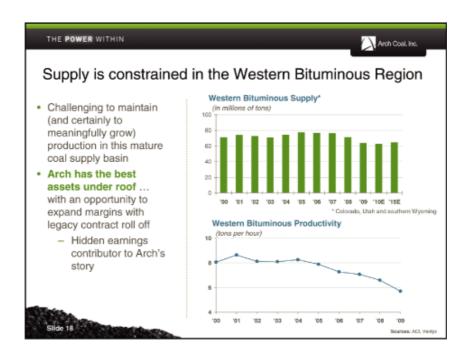


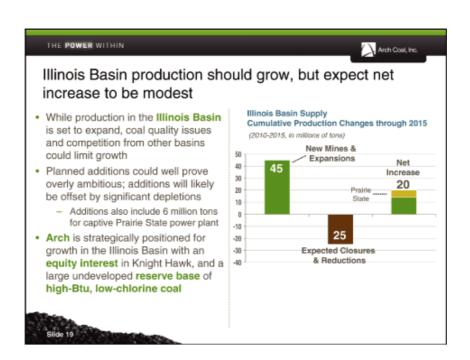












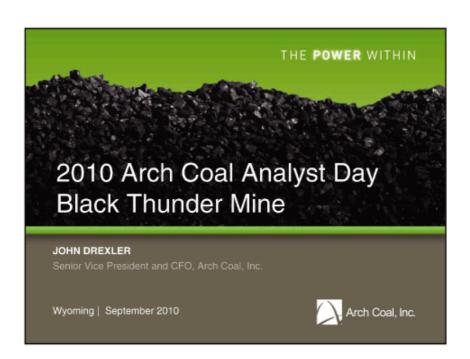


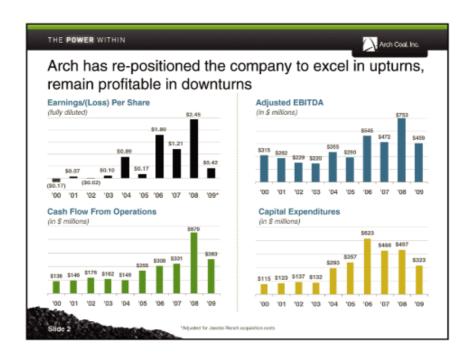
Arch's value proposition is unique

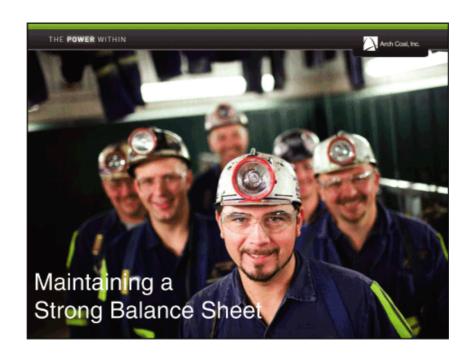
- · Expect growing free cash flow generation
- Experienced workforce and corporate culture committed to operating the safest, most environmentally responsible mines in the nation
- Large-scale, diverse and low-cost operations that are flexible in response to market demand
- Strategic reserve base well-positioned to meet America's – and the world's – growing energy needs
- Strong balance sheet provides the company with financial flexibility
- Focused on advancing clean-coal technologies to expand market for coal beyond electricity generation
- Building a world-class energy company that can deliver shareholder value over the long term

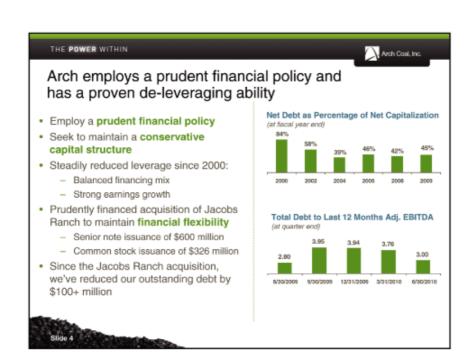


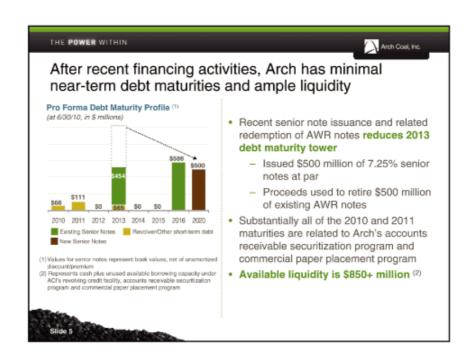








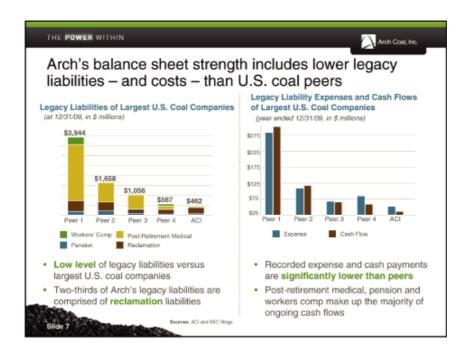






Arch has access to multiple sources of low-cost financing

- · Revolving Credit Facility
 - Restructured in 2009 to extend facility to 2013
 - Increased initial capacity to \$860 million through June 2011
 - Facility reduces to \$762.5 million in June 2011, with the ability to increase to \$800 million
- Asset Securitization
 - Established in 2006 and expanded in 2008
 - Capacity of \$175 million
 - Rates are typically better than our Revolver borrowing rate
- · Commercial Paper Program
 - Established in 2007
 - Capacity of \$75 million
 - Rates are comparable to other highly rated CP programs
 - Rates are typically better than our Revolver borrowing rate





Arch diligently manages risk at an operational and corporate level

· Corporate Level

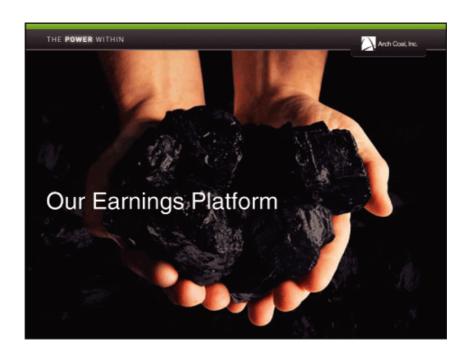
- Manage risk in our trading business by using VAR, sensitivity and scenario analysis
- Manage price risk using financial swaps
- Maximize our open position using options
- Use purchased coal to maximize profit

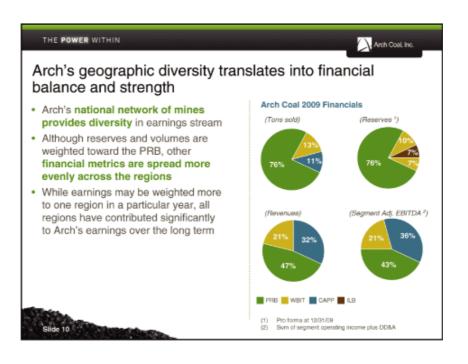
Operational Level

- Hedge consumable costs at operations
 - Diesel fuel example: ratable hedge program in place to lock in 60+% of the 50 million to 60 million gallons of consumption annually
 - Thinking is evolving on future opportunities to protect against cost inflation, but participate in cost deflation











Arch has the ability to capitalize on strengthening coal markets

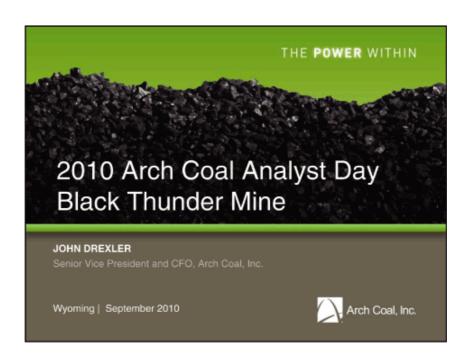
Arch Potential Upside to Increase in Coal Prices (US\$ in millions, except per ton and per share amounts)

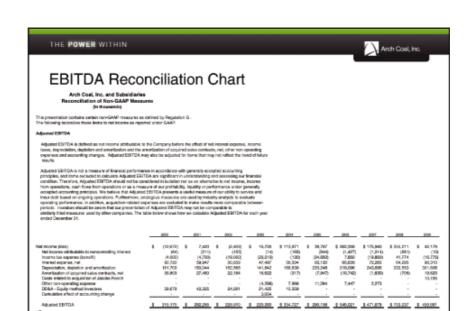
Steam Coal	Illustrative Price Increase	
	\$3	\$6
Met Coal	\$20	\$40
Unpriced Tons (in millions)		
Steam Coal (1)	72.0	72.0
Met Coal (1)	8.0	8.0
Potential Incremental Revenue	\$376	\$752
Less: Sales-Sensitive Payments @ 18.5% (2)	(70)	(139)
Potential Incremental EBITDA	\$306	\$613
Less: Taxes @ 25%	(77)	(153)
Potential Incremental Net Income	\$229	\$460
Potential Incremental EPS (3)	\$1.40	\$2.82

⁽¹⁾ Based on midpoint of guidance for unpriced coal in 2011; 55 million to 65million uncommitted tons less 8 million tons of unpriced met coal; includes 30 million tons of committed, but unpriced coal. (2) Sales-cereithe apparents consist of nigatiles, black hing tax and serverance tax.
(3) Based on distorted weighted weighte









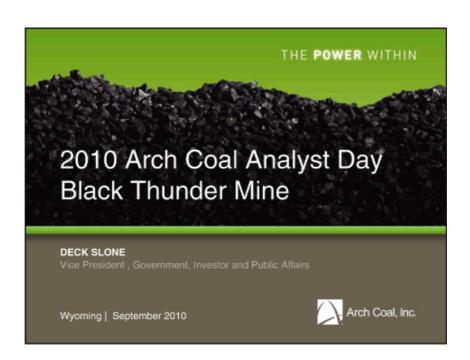


EPS Reconciliation Chart

Adjusted net income and adjusted diluted earnings per common share

Adjusted not income and adjusted diluted earnings per common share are adjusted for the effect as impact of acquisition-related expenses and are not measures of financial performance in accordance with generally accepted accounting principles. Adjustments made to arrive at these amounts are significant in understanding and assessing our financial condition. Therefore, adjustment are and adjusted diluted earnings per share should not be considered in solicitor nor as an alternative to not income or diluted earnings per common share under generally accepted accounting principies. We believe that adjusted not income and adjusted diluted earnings per common share better reflect the trend of future results.

	Year Ended December 31, 2008	
Net income attributable to Arch Coal	\$	42,109
Amortization of acquired sales contracts, net		19,623
Costs related to acquisition of Jacobs Ranch		13,726
Tax impact of adjustments	_	(12,172)
Adjusted net income attributable to Arch Coal	\$	63,346
Diluted weighted average shares outstanding		151,272
Adjusted diluted earnings per share	5	0.42

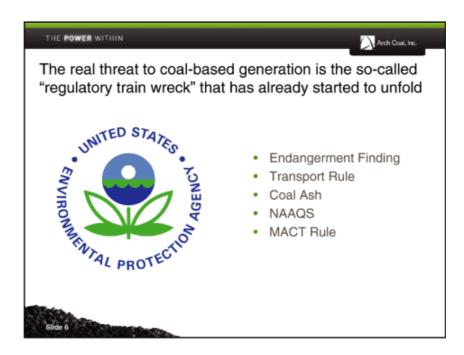
















CRS analysis suggests that current maximum coal-to-gas switching potential equates to well under 10% of coal burn

Analysis Based on Likely Transmission Availability (potential displacement of coal consumption)

NGCC (1) Capacity within	Percentage	Tons
10 miles of existing coal plant	5%	50 million
25 miles of existing coal plant	9%	90 million

Source: Congressional Research Service Report: "Displacing Coal with Generation from Existing Natural Con-Fined Plants," Stan Mark Kaslan (U.96010)

(1) Natural gas combined cycl

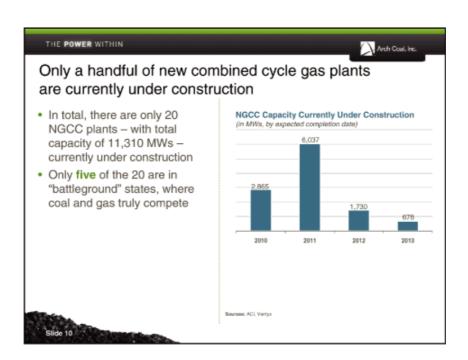
- In short, author assumes transmission is unlikely to be available for NGCC plant to displace an existing coal plant if:
 - NGCC facility is more than 25 miles away from the coal plant
 - May not be available if NGCC facility is more than 10 miles away



Some of the CRS assumptions on fuel switching are likely aggressive – a fact the author acknowledges

- · Analysis doesn't weigh economic realities
- Some of the identified switching capacity is in regions where economics are likely to favor coal even in a very low natural gas price environment
- Analysis assumes NGCC capacity is always available to accommodate switching
- In 2009, when conditions were highly favorable for coal-to-gas switching, Arch believes less than 30 million tons of coal was displaced
 - Suggests constraints may indeed be greater than described in CRS report
- · Most excess NGCC capacity is in Southeast
 - Thus Central App is likely to bear the brunt of any coal-to-gas switching
- In summary, study almost certainly overstates real potential for switching

 and Western basins are far less susceptible





New study by APPA finds that switching from coal to gas would require massive new investment

According to American Public Power Association, Switching All Coal-Fueled Capacity to Natural Gas Would Require the Following Incremental Investments:

Natural gas generating capacity Pipeline capacity Natural gas storage capacity \$335 billion \$348 billion \$9 billion \$691 billion

- Even a modest shift away from coal would require very heavy investment
- PUCs are likely to be very cautious in weak economic environment particularly given uncertainty surrounding future power needs
- Moreover, APPA states that switching all coal-fueled capacity to natural gas would require a 60% increase in gas consumption (from 23 tcf to 36 tcf per year)
- EIA projects gas prices will rise to \$8 per million Btu by 2036 (in 2008 \$) even with flat gas use
 - APPA suggests massive growth in gas use would drive gas prices well above such levels

Source: "implications of Greater Relance on Natural Gas for Electricity Generation," prepared by Aspen Environmental Group for APPA (777/2010)





While some coal plants will close in face of tightening regulations, coal consumption should remain robust

"Some of my colleagues have talked about 30,000 or 40,000 megawatts of coal-fired generation being off line. ... The fact is baseload generation will be needed. The existing plants will be needed, and the EPA rules will be adjusted to the reality of the economy. In the next 2-3 years as the U.S. economy struggles going forward, I can't imagine a scenario where those laws and rules will be implemented to the extent that some think they will."

Mike Morris, Chairman and CEO of AEP, 2Q Earnings Call, 8/2/10



Even with coal plant retirements, market opportunity could prove meaningful for most producing regions Potential Demand Increases and Decreases (in millions of tons) Potential plant retirements over next decade (downside case) (118) Increasing utilization at remaining plants from 71.6% to 76.6% 64 Incremental demand from newly constructed plants 60 Incremental export potential (including PRB moves off West Coast) 30 Subtotal 36 Additional Market Opportunity for PRB and Other Basins Rationalization in Central Appalachia from 2008 through 2015 92 Total 128



In recent years, power generators have shifted their fuel focus every few years ... and that could continue

Late 1990:

- Generators planned to build natural gas plants almost exclusively due to the "gas bubble" and low capital costs
- Nuclear was viewed as politically infeasible – perhaps permanently
- perhaps permanently
 Coal's growth was limited to increased utilization at existing plants; no new plants were expected to be built

Early 2000s

- Following a run-up to \$10/mm Btu in Dec. 1999, natural gas was suddenly viewed as scarce and expensive
- Consequently, coal became the fuel of choice in many regions – with more than 100 new GWs announced
- Nuclear was still viewed as politically infeasible – and renewables were a sidebar

Mid 2000s

- Following Hurricane Katrina, An Inconvenient Truth, and emergence of Democratic majority in Congress, climate change began to influence utility fuel choice
 Natural gas was viewed as too expensive and too
- Natural gas was viewed as too expensive and too volatile for baseload power
 Nuclear began to gain traction as a potential carbon-
- Nuclear began to gain traction as a potential carbonfree power source ... as did wind, solar and bio-mass

Late 2000s

- Sticker shock and financial risk aversion set in and a nuclear renaissance suddenly seemed less likely
- The limitations of renewables and the challenges of massive new transmission – became more apparent
- "Shale gas" emerged as a potential "game-changer" for natural gas — and gas moved back to the fore

2010 and Beyond?

- Will tighter drilling regulations on gas reduce availability and drive up costs?
- Will energy scarcity become an increasingly important economic and policy concern?







Leaders around the world increasingly recognize the importance of clean coal technologies



"The vast majority of new power stations in China and India will be coal-fired; not 'may be coal-fired'; will be. So developing carbon capture and storage technology is not optional, it is literally of the essence."

Former British Prime Minister Tony Blair (June 2008)

"Charting a path toward clean coal is essential to achieving our goals of providing clean energy, creating American jobs, and reducing greenhouse gas emissions. It will also help position the United States as a leader in the global clean energy race..."

Secretary of Energy Dr. Chu (July 2010)





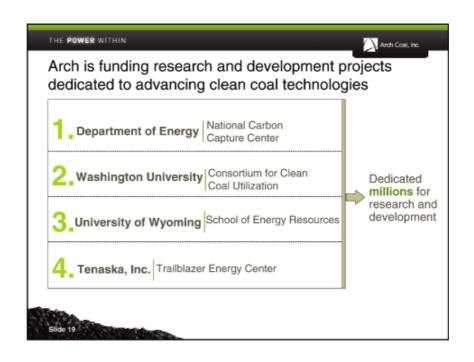
Meanwhile, deployment of advanced clean coal technologies is under way Edwardsport

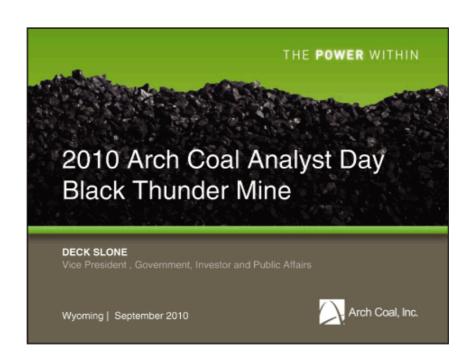
- **Duke** is near mid-way point in constructing a 618-MW IGCC plant in Knox County, IN
- Southern plans to start construction soon on a 582-MW IGCC plant (with DOE support) in Kemper County, MS
- AEP is capturing 90% of CO₂ from a 20-MW slipstream at Mountaineer and plans to scale up to 240 MWs by mid-decade
- FutureGen 2.0 is moving forward as an oxy-combustion project at a 200-MW Ameren unit in Meredosia, IL
- The 600-MW Trailblazer Complex near Sweetwater, TX, is targeting capture and sale of 85% to 90% of CO₂ emissions

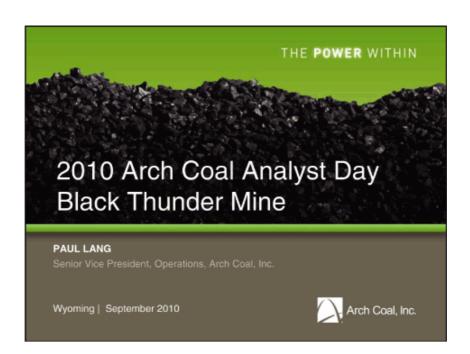


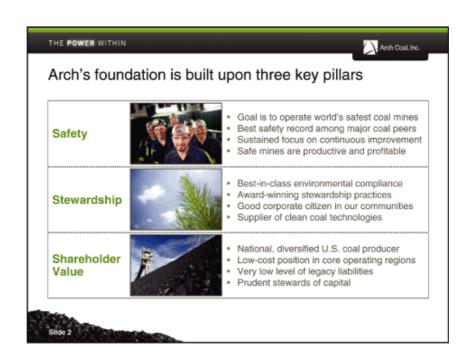
Mountaineer

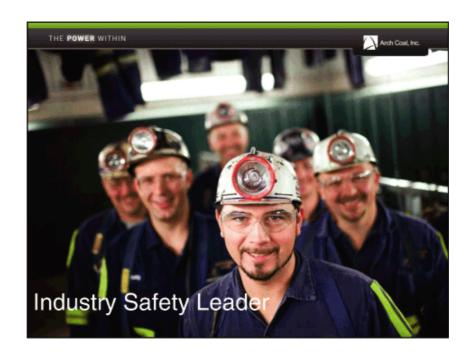






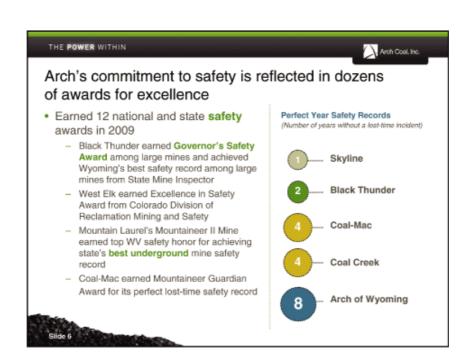




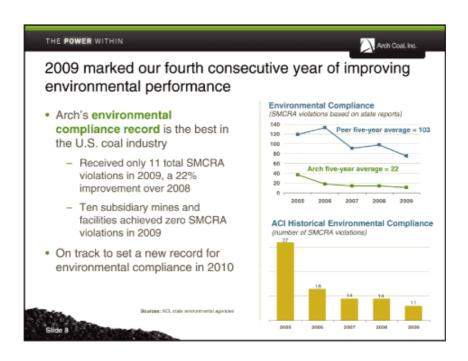












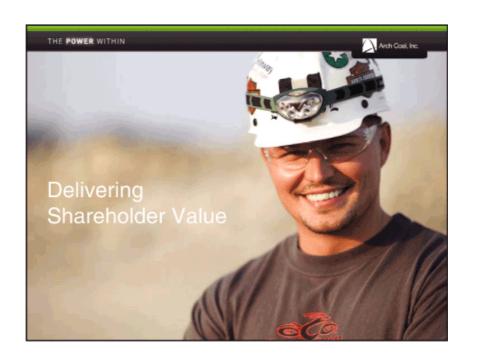


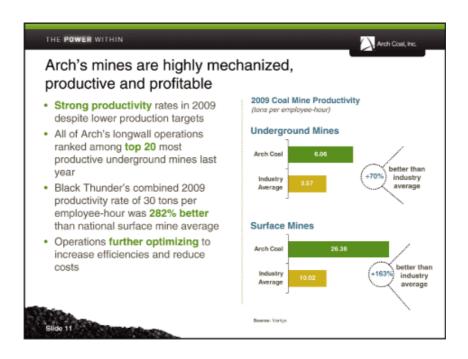
Arch strives for excellence in environmental stewardship

- In 2008 and 2009, Arch earned a dozen environmental stewardship awards across our network of mining operations
- Wyoming
 - National Public Outreach Award 2009
- West Virginia
 - State Construction Award 2009
 - Turkey Habitat Award 2009
 - West Virginia Reclamation Award 2008
 - Wetland West Virginia Award
 2008
 - State Reclamation Award 2008
 - Excellence in Preventative Measures Award 2008

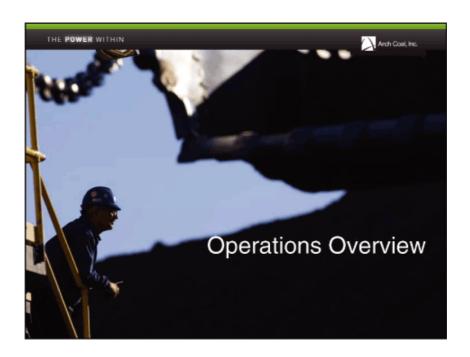
- Colorado
 - Pollution Prevention Award 2008 and 2009
 - Excellence in Reclamation Award 2009
 - Excellence in Preventative Measures Award 2008
- Utah
 - U.S. Agriculture Certificate of Appreciation 2008
 - Earth Day Award 2008

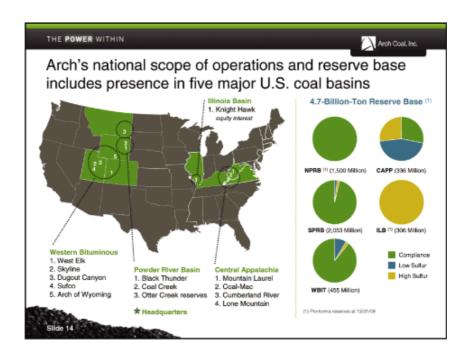
Our ultimate goal is to achieve a "Perfect Zero" – which means zero safety incidents and zero environmental violations

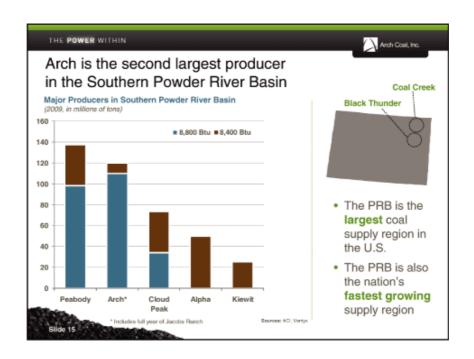


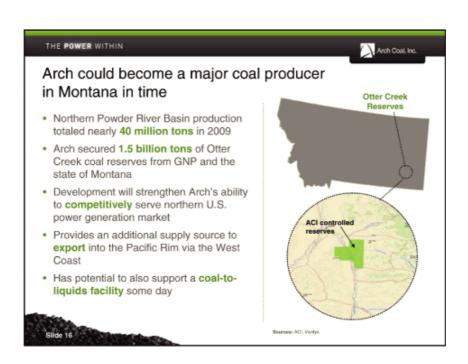


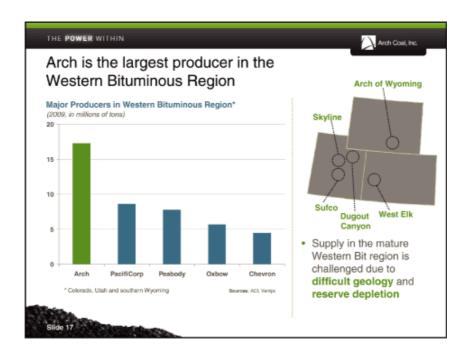


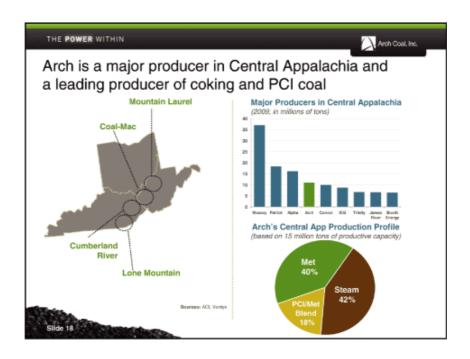


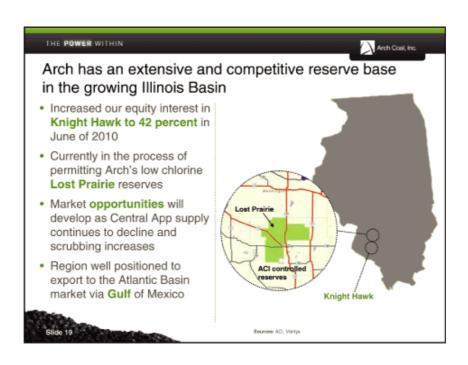


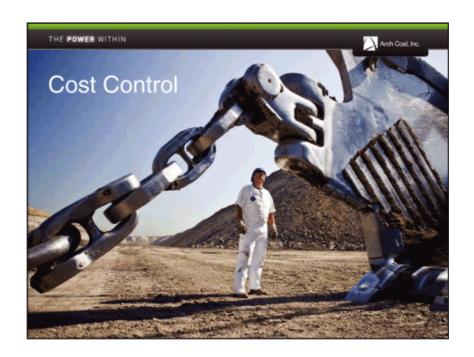




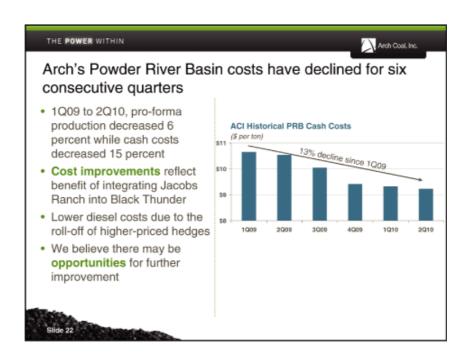


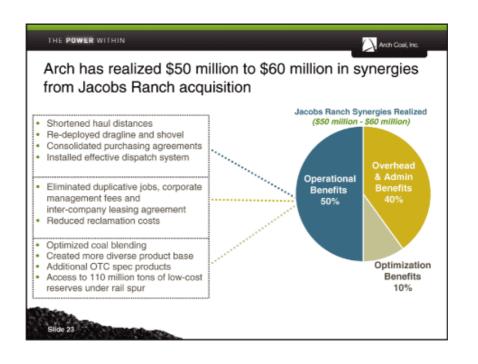


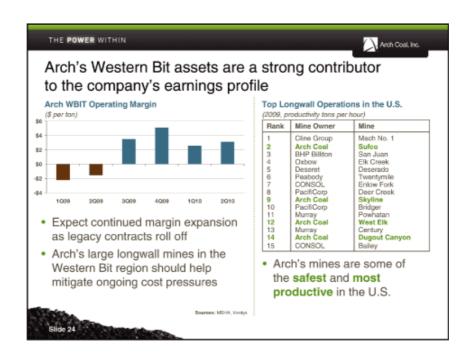


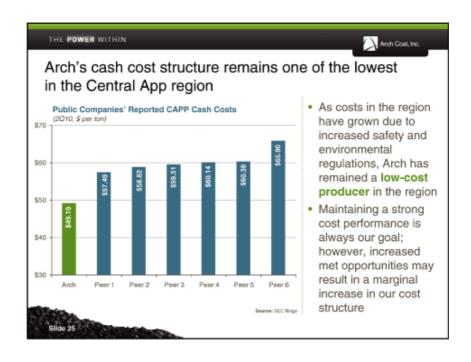


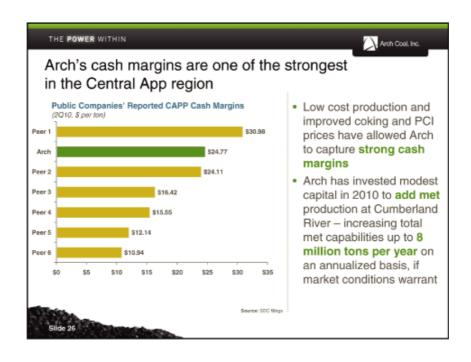


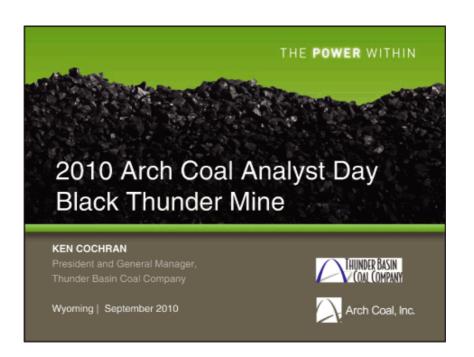


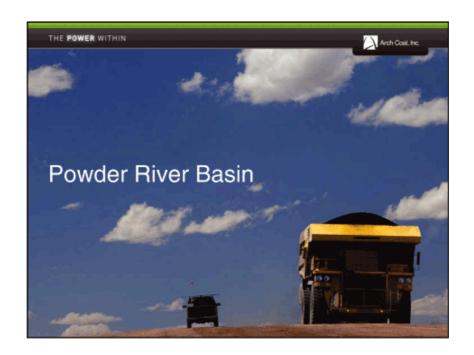


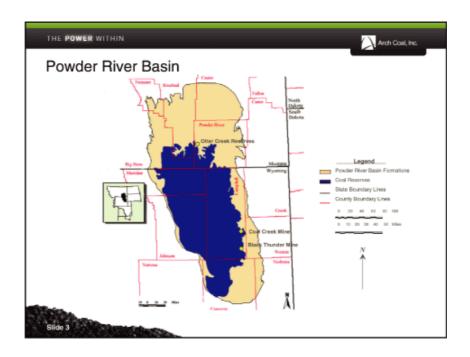


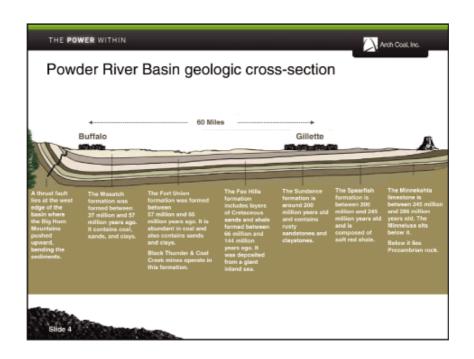


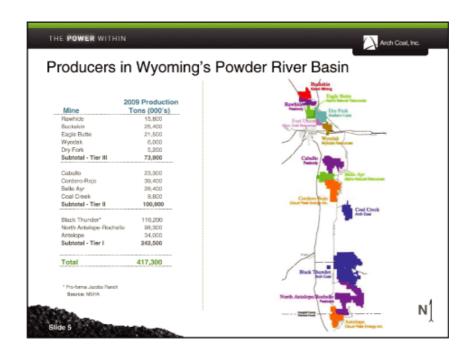




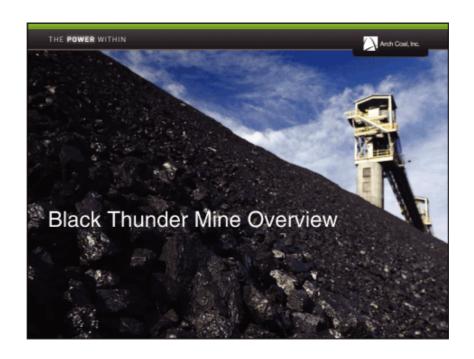




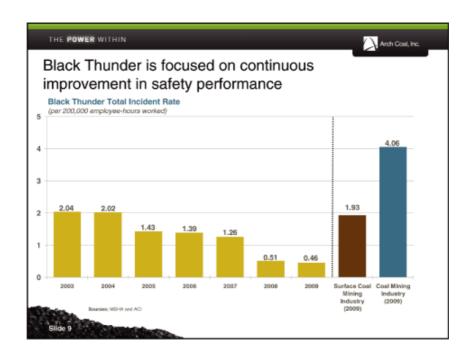








THE **POWER** WITHIN Arch Coal, Inc. Black Thunder Mine - background · First Coal Shipped: December 1977 · Acquired by Arch: June 1998 Current Lease Area: 33,400 Acres Permitted Maximum Shipping Capacity: 190 Million Tons/Year Cumulative Shipments (June 2010): 2.197 Billion Tons Average Seam Thickness: 68 Feet · Recoverable Reserves: 1.634 Billion Tons



THE POWER WITHIN



Arch takes its commitment to environmental stewardship seriously

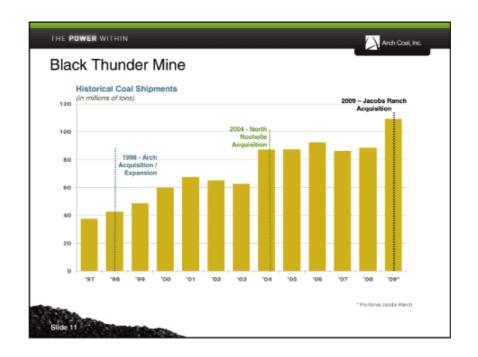
- Since 2000, we've won seven national and state awards for environmental stewardship at our PRB operations
- We're excelling in providing habitat enhancement programs for indigenous plants and wildlife on reclaimed lands

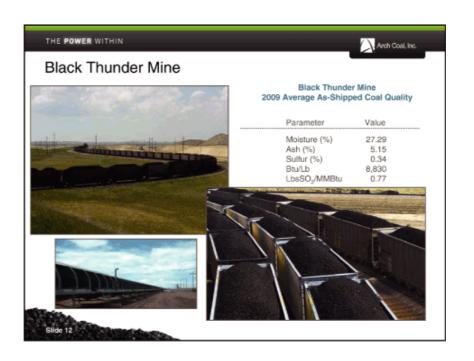
Thunder Basin Mine Reclamation Awards Since 2000
2010 Interstate Mining Compact Commission – Public Outreach
2008 Excellence in Surface Mining – Good Neighbor Award
2006 Peck Community Service Award
2006 U.S. Department of Interior National Good Neighbor Award
2006 Wyo. Good Neighbor Award
2005 Wyo. Industry Reclamation & Wildlife Stewardship Award
2002 United States Forest Service Prairie Partner Award

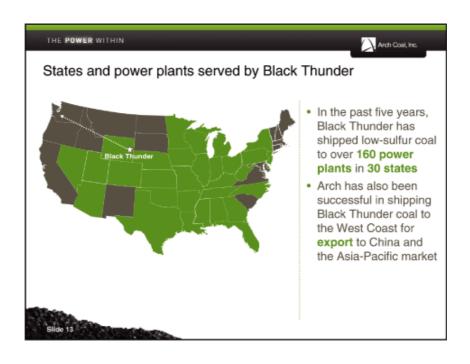


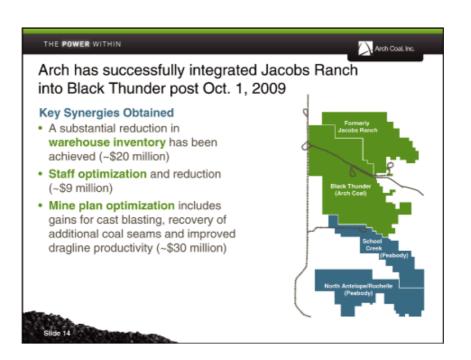


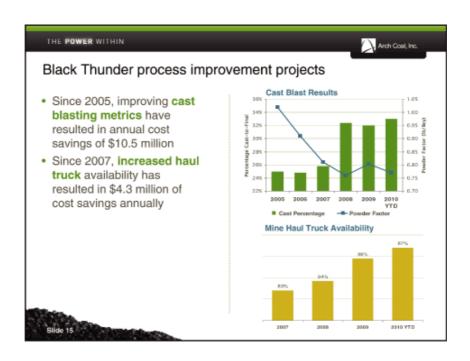






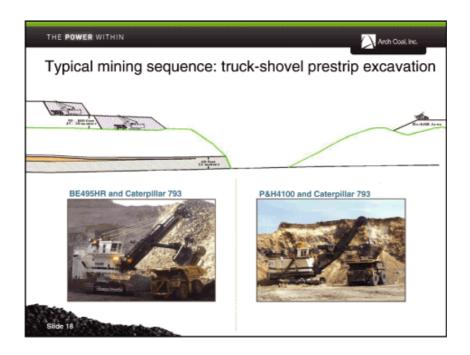


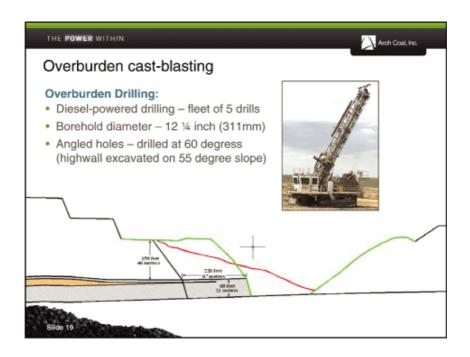


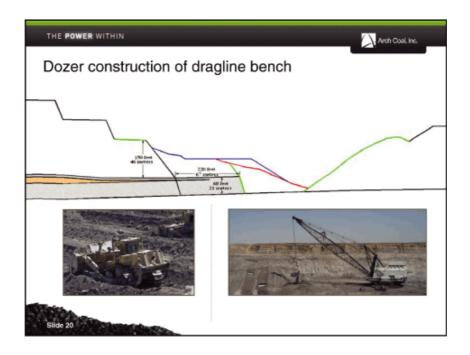


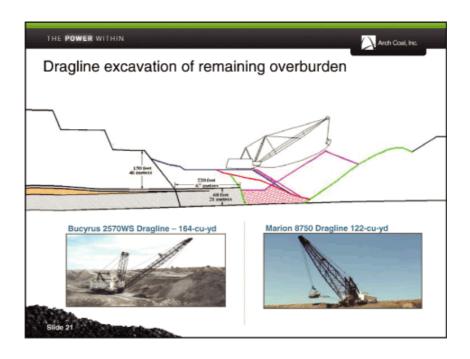
THE POWER WITHIN Arch Coal, Inc. Black Thunder current manning schedule Black Thunder Manning: · Strong and stable workforce: Salaried 88 - Over 40 percent of the Hourly Sub-Total 1,462 Black Thunder workforce 1,550 has some college level TBCC Support Staff: education Salaried 53 - The average age of the Hourly 3 Black Thunder workforce Temporary / Part Time Sub-Total 2 is under 45 58 - Very low turnover rates Total 1,608 - Motivated and dedicated employees result in fewer supervisors needed

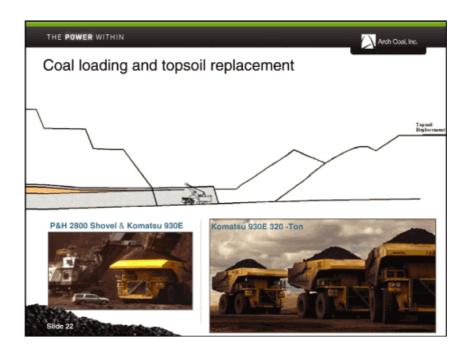
















- Dispatcher and Minestar software manage ongoing routine production activities for crews with over 220 operators
- · Data recorded for reporting and analysis





THE POWER WITHIN Arch Coal, Inc. Black Thunder - coal processing facilities

- Truck Dumps Crushing & Conveying Facilities
 1 Near Pit/Overland Conveyor (2 Truck Hoppers)
- 1 Primary (Original) System (2 Truck Hoppers)
- 1 5 West Crusher/Overland Conveyer (1 Truck Hopper)
- 1 Thundercloud Crusher/Overland Conveyor (1 Truck Hopper)
- 1-BT East Crusher/Overland Conveyor (1 Truck Hopper)
- 1 BT East Crusher (1 Truck Hopper)

Laboratory Analysis

- -On-Site Laboratory (ASTM Laboratory)
- -24 Hours Per Day / 365 Days Per Year





5-West Crusher & Overland Conveyor







THE POWER WITHIN



Arch excels in restoring lands to a productive state once mining is complete



 Our operations carefully integrate a range of environmental plans throughout the life of each mine and treat each reclamation project as a unique effort



- More than 12,000 acres have been permanently reclaimed by Arch in the Powder River Basin
- Additionally, we have implemented wildlife and habitat programs to restore and improve biodiversity



 Arch understands the importance of a strong environmental ethic and the responsibility of caring for our planet

